



TO: Principals  
Special Educators and  
Other friends of Special Olympics and  
Athletic Directors

FROM: Mary Conroy, President, Special Olympics New Hampshire

DATE: October 10, 2018

SUBJECT: Youth Summit to Change New Hampshire November 29<sup>th</sup> + 30<sup>th</sup>

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### **What is the Youth Summit...**

We invite your school to participate in the 2018 Youth Summit to Change New Hampshire Conference that will take place at Waterville Valley on Thursday and Friday, November 29<sup>th</sup> + 30<sup>th</sup>.

The goal of the Summit is to create student led change in our high schools by bringing students with and without intellectual disabilities together to share, discuss and ultimately plan for change.

Each school is invited to send one chaperone and two students; one with an intellectual disability and one who does not have an intellectual disability to our overnight Summit at Waterville Valley. Onsite expenses are covered by Special Olympics New Hampshire (there will be a charge of \$50 for a single room and \$88 if you would like to send an additional person).

Please register by Wednesday, November 14<sup>th</sup>.

If you have any questions or need additional information, please do not hesitate to reach out to me at [MaryC@sonh.org](mailto:MaryC@sonh.org) or by cell phone 770-4055.

### **Who should attend the Youth Summit...**

The ideal student attendees would be Sophomores or Juniors, hopefully be friends...or at least know one another, have leadership potential, have some time and passion to commit to affecting change and just be good kids! Participation in unified sports is not mandatory.

The ideal chaperone is a person who listens and will allow ideas to come from the youth, a person who allows students to challenge themselves and challenges the students to think outside of the box. Really, just a great teacher!

### **How to Register for the Youth Summit...**

Please send an email with the following information to [KelseyS@sonh.org](mailto:KelseyS@sonh.org) by November 14<sup>th</sup>.

- School Name
- Names of two students and chaperone
- Graduation years for each student
- Contact information
  - Email and
  - cell phone
- Signed Permission slips
- Please let us know if each attendee would like a
  - Black ¼ zip jacket or
  - Red hoodie sweatshirt

### Other important information for the Youth Summit...

#### Accommodations

- Chaperones will have two adults (same gender) in a three-room hotel room and
- Students will have three students (same gender) in a three-room hotel room.
- If anyone would like a single room – there will be a \$50 charge.
- If you have any questions, please do not hesitate to reach out to me at [MaryC@sonh.org](mailto:MaryC@sonh.org) or by cell phone 770-4055.

#### What to bring

- Casual clothes that allow you to move about
- Jacket to go from place to place
- Overnight clothes
- Toiletries
- A lot of ideas!

#### General Schedule

- Thursday, November 29<sup>th</sup>
  - New Schools arrive
    - 9:30am Check-in The Valley Inn
    - 10:00 – 11:00 Introduction to UCS Base Lodge
  - Existing Schools arrive
    - 10:30 Check-in The Valley Inn
    - 11:00 – 12:00 Meet + Greet lunch Base Lodge
      - Meet new folks (cards on table with discussion topics/questions)
    - 12:00 Ice breakers + break into groups (4)
    - 12:30 Groups rotate between
      - Full School (70 minutes)
        - Ice breaker
        - Beyond sports
          - Classes
          - Unified club
          - Unified banner school
      - Youth Leadership (70 minutes)
        - Ice breaker
        - Good partner
        - Statewide YAC
      - Sustainability (35 minutes)
        - Ice breaker

- Set up First Giving
    - Pay it Forward
    - 30%
  - Sports (35 minutes)
    - Ice breaker
- 4:00 – 5:00 check-in to hotel Black Bear
  - 5:00 – 9:00 dinner and Games Rec Center
- Friday, November 30<sup>th</sup>
  - Wrapping Up
    - 8:00 – 9:00 Continental breakfast Black Bear
      - Cereal, toast fruit
    - 9:00 – 10:00 Reflection and Planning Base Lodge
    - 10:00 Next Steps Base Lodge
    - 11:00 Departure Base Lodge

Thank you, I hope to see your school represented at the 2018 Youth Summit to Change New Hampshire Conference that will take place at Waterville Valley on Thursday and Friday, November 29<sup>th</sup> + 30<sup>th</sup>.

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