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**Special Olympics**  
New Hampshire



**The Anthem Blue Cross and Blue Shield Foundation Supports  
Special Olympics New Hampshire through the Rail Trail Rally**

**(August 25, 2015)** Manchester, NH – Special Olympics New Hampshire (SONH) has been awarded a \$5,000 grant from Anthem Blue Cross Blue Shield in support of the 2<sup>nd</sup> Annual Rail Trail Rally community fitness fundraiser being held on Saturday, September 26<sup>th</sup> in the Dartmouth-Lake Sunapee region, making them the event’s largest sponsor for the second year in a row.

The Rail Trail Rally will feature a variety of opportunities to be active, including a 1.5 mile Family Walk, 5K and 10K running events and 15 mile and 30 mile cycling races along the Northern Rail Trail between Boscawen and Andover/Danbury. This event also features fun for the whole family with a 4.5 mile family cycling ride beginning at the Highland Lake Inn and ending at Proctor Academy.

“Anthem is committed to working with organizations that are creating healthy communities which is why we are proud to continue to support Special Olympics,” said Colin Manning, director of public relations, Anthem Blue Cross and Blue Shield in New Hampshire. “We’re looking forward to another great Rail Trail Rally and are very pleased to again be the lead sponsor for this event.”

Make your race plans today by registering at <http://www.sonh.org/support-and-fundraising-events/LESO/railtrail.aspx>.

More information is available by visiting [www.sonh.org](http://www.sonh.org) or by contacting SONH Special Events Manager Courtney Brooks at (603) 624-1250 ext.33 or via email at [courtneyb@sonh.org](mailto:courtneyb@sonh.org).

**About Special Olympics New Hampshire**

Special Olympics New Hampshire (SONH) is an accredited program of Special Olympics International (SOI) and is part of an international global movement that changes lives by encouraging and empowering people with intellectual disabilities, promoting acceptance for all, and fostering communities of understanding and respect worldwide. SONH was founded in 1970 with the first State Summer Games at Phillips Exeter Academy. Learn more at [www.sonh.org](http://www.sonh.org).

**About Anthem Blue Cross and Blue Shield in New Hampshire**

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**About the Anthem Blue Cross and Blue Shield Foundation**

Through charitable grant making, the Anthem Blue Cross and Blue Shield Foundation LLC, an independent licensee of the Blue Cross and Blue Shield Association, promotes Anthem’s inherent commitment to enhance the health and well-being of individuals and families in communities that Anthem Blue Cross and Blue Shield serves. The Foundation focuses its funding on strategic initiatives that address and provide innovative solutions to health care challenges, as well as promoting the Healthy Generations Program, a multi-generational initiative that targets specific disease states and medical conditions. These include: prenatal care in the first trimester, low birth weight babies, cardiac morbidity rates, long term activities that decrease obesity and increase physical activity, diabetes prevalence in adult populations, adult pneumococcal and influenza vaccinations and smoking cessation. The Foundation also coordinates the company’s annual associate giving campaign and its parent foundation provides a 50 percent match of associates’ campaign pledges. @ANTHEM is a registered trademark of Anthem Insurance Companies, Inc. The Blue Cross and Blue Shield names and symbols are registered marks of the Blue Cross and Blue Shield Association.

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