

2019 Special Olympics New Hampshire State Summer Games

Competition Schedule



Friday, June 7th

	UNH Outdoor Track	UNH Roadway Track	UNH Long Jump Pit	UNH Lower Field	UNH Track Infield	UNH Bremner Field	UNH Pool	UNH Horse Barn		
8:00 AM - 8:30 AM	1500M Walk (1-2)		Running Long Jump (1-4)	Standing Long Jump (1-4)						
8:30 AM - 9:00 AM	1500M Run (1-2)		Running Long Jump (5-8)	Standing Long Jump (5-8)			Warm-up			
9:00 AM - 9:30 AM	50M Walk w Spt (1-7)		Running Long Jump (9-12)	Standing Long Jump (9-11)			100M IM (1-2) 25M Butterfly (3) 50M Free (4-15) 25M w Spt (16-20) 50M Butterfly (21) 10M w Spt (22-26) 50M Back (27-34) 100M Butterfly (35) 400M Free(36) 10M (37-38) 25M Back (39-46) 15M w Spt (47-51) 100M Back (52-54) 50M Breast (55-58) 50M w Spt (59-60) 200M IM (61) 25M Breast (62-65) 100M Breast (66-68) 200M Back (69)			
9:30 AM - 10:00 AM	50M EWC (1) & 50M MWC (1) & 30M EWC (1) Slalom		Running Long Jump (13-16)			BOCCE Divisioning Round				
10:00 AM - 10:30 AM	400M Walk (1-3)		Running Long Jump (17 - 20)							
10:30 AM - 11:00 AM	400M Walk (4-6)		Running Long Jump (21 - 24)							
11:00 AM - 11:30 AM	400M Run (1-4)							EQUESTRIAN: 10:00AM: Showmanship 10:40AM: Equitation 12:00PM: Pole Bending 12:40PM: Dressage 12:50PM: Carriage Driving 10:05 - 12:15PM: Trail Course		
11:30 AM - 12:00 PM										
12:00 PM - 12:30 PM	50M Run (1-24)									
12:30 PM - 1:00 PM	50M Run (25-35) & 50 M Walk (1-9)									
1:00 PM - 1:30 PM	Special Olympics Unified Middle School Championship 100 Meter Run, Running Long Jump and 4x100M Relay 1:00PM: Time Trials 2:00PM: Competition Begins Awards Immediately Following Competition	25 M Walk w Spt (1-11)			Special Olympics Unified Middle School Championship Corn Hole 1:00PM: Divisioning 1:45PM: Game Play Begins Awards Immediately Following in main Awards Area	BOCCE: Singles				
1:30 PM - 2:00 PM		25M Walk (1-3)								
2:00 PM - 2:30 PM		25M EWC (1-2) & 25M MWC (1)								
2:30 PM - 3:00 PM		25 M Run (1-2)								
3:00 PM - 3:30 PM		10M Walk w Spt (1-5) & 10M EWC (1-2)								
3:30 PM - 4:00 PM										

ITEMS TO NOTE

Athletics	Pentathlon	Powerlifting	Opening Ceremonies	Triathlon	Aquatics
Awards - Awards will take place directly after competition. - Allow 30 minutes free time after the end time of each event to receive awards. - Do not register for back to back events. May only register for events within one category. - Staging will open 10 minutes before the scheduled start time for each event. - All athletes should report to staging by the start time of their event. - There will be a 5 minute grace period to report to staging. - Any athlete not at staging 5 minutes after the scheduled start time may be disqualified.	Competition will take place on Saturday from 8am to noon.	Competition Friday at 11am next to the UNH Track Roadway. Weigh-in - 9:30 - 10am in the Jerry Azumah Performance Center in the field house.	4x100M Relay, 4x100M Unified Relay, 10M Walk & 10M MWC will take place Friday during opening ceremonies at 8:00pm. Staging at 7:00pm.	Competition will take place Friday beginning at 6:00pm at the outdoor pool.	Events will run in the order listed. May only register for events within one category.

	UNH Outdoor Track	UNH Roadway Track	UNH Long Jump Pit	UNH Lower Field	UNH Shot Put Pit	UNH Bremner Field	UNH Pool	UNH Lundholm Gym
8:00 AM - 8:30 AM	800M Run (1-2) & 800M Walk (1-2)							
8:30 AM - 9:00 AM	200M Run (1-15)						Warm-up	
9:00 AM - 9:30 AM	200M Walk (1-7) & 200M MWC (1)						200M Free (70) 25M Free (71-80) 100M Free (81-85) 200M Breast (86) 15M (87-88) 4x50M Free (89) 4x25M Unified Free (90) 4x25M Free (91-92)	
9:30 AM - 10:00 AM	100M Walk w Spt (1-7)			Mini-Javelin (1-13)		BOCCE: Doubles		
10:00 AM - 10:30 AM	100M MWC (1)			Mini-Javelin (14-25)				
10:30 AM - 11:00 AM								
11:00 AM - 11:30 AM	100M Run (1-35)							
11:30 AM - 12:00 PM	100M Run (36-44) & 100M Walk (1-11)			Tennis Ball Throw (1-10)				
12:00 PM - 12:30 PM								
12:30 PM - 1:00 PM								
1:00 PM - 1:30 PM				Softball Throw (1-14)				BOCCE: Teams
1:30 PM - 2:00 PM				Softball Throw (15-27)	Shotput 1.81kg (1) & 3.0kg (10-14)			
2:00 PM - 2:30 PM				Softball Throw (28-41)	Shotput 4.0kg (1-4)			
2:30 PM - 3:00 PM				Softball Throw (42-54)	Shotput 4.0kg (5-8)			

Healthy Athletes Exams:
Hearing Hearing
Fun Fitness
Special Smiles
Opening Eyes

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